

Patient Name: **SAMPLE**
 External ID: A12365
 Accession No: 1500
 Doctor/Clinic: **Sample Reports**
 Fax#:
 Comments: QCH ALL
 AGS Updated: 9/4/09 - Cantaloupe, Winter Squash 9/8/09 - Ricotta

 Age: 46
 Test ID: 50010
 Doctor ID: 6055

 Date of Birth: 10/16/1963
 Data File: AU920127
 Technician: LB

 Date Collected:
 Date Received:
 Date Run: 8/31/2009
 Date Reported: 8/31/2009

Final Report

RESULT	Reference Range			ALLERGEN	NOT SAFE		
	Low	Moderate	Avoid		Low	Moderate	Avoid
DAIRY							
2016	Avoid	<101	101 - 297	>297	Bleu Cheese	[Bar in Avoid zone]	
2113	Avoid	<111	111 - 328	>328	Parmesan	[Bar in Avoid zone]	
2007	Avoid	<153	153 - 472	>472	Ricotta	[Bar in Avoid zone]	
2066	Avoid	<127	127 - 399	>399	Yogurt	[Bar in Avoid zone]	
GRAINS							
58	Low	<75	75 - 201	>201	Brown Rice	[Bar in Low zone]	
408	Moderate	<180	180 - 554	>554	Flaxseed	[Bar in Moderate zone]	
40	Low	<142	142 - 432	>432	Millet	[Bar in Low zone]	
0	Low	<43	43 - 124	>124	Psyllium Seed	[Bar in Low zone]	
195	Moderate	<137	137 - 430	>430	Safflower Seed	[Bar in Moderate zone]	
1365	Avoid	<145	145 - 449	>449	Spelt	[Bar in Avoid zone]	
821	Avoid	<113	113 - 342	>342	Triticale	[Bar in Avoid zone]	
SPICES							
35	Low	<389	389 - 1166	>1166	Allspice	[Bar in Low zone]	
44	Low	<135	135 - 419	>419	Anise	[Bar in Low zone]	
42	Low	<304	304 - 956	>956	Basil	[Bar in Low zone]	
13	Low	<204	204 - 638	>638	Bay Leaf	[Bar in Low zone]	
37	Low	<147	147 - 449	>449	Black Pepper	[Bar in Low zone]	
471	Moderate	<181	181 - 562	>562	Chili Powder	[Bar in Moderate zone]	
46	Low	<344	344 - 1065	>1065	Cilantro	[Bar in Low zone]	
15	Low	<156	156 - 481	>481	Cinnamon	[Bar in Low zone]	
10	Low	<297	297 - 943	>943	Cloves	[Bar in Low zone]	
69	Low	<206	206 - 634	>634	Coriander	[Bar in Low zone]	
51	Low	<115	115 - 351	>351	Cumin	[Bar in Low zone]	
57	Low	<218	218 - 669	>669	Curry	[Bar in Low zone]	
36	Low	<147	147 - 456	>456	Dill	[Bar in Low zone]	
155	Moderate	<117	117 - 357	>357	Ginger	[Bar in Moderate zone]	
87	Low	<127	127 - 387	>387	Horseradish	[Bar in Low zone]	
24	Low	<424	424 - 1346	>1346	Marjoram	[Bar in Low zone]	
1921	Avoid	<183	183 - 563	>563	Mustard	[Bar in Avoid zone]	
58	Low	<87	87 - 257	>257	Nutmeg	[Bar in Low zone]	
31	Low	<180	180 - 543	>543	Oregano	[Bar in Low zone]	
87	Low	<131	131 - 380	>380	Paprika	[Bar in Low zone]	
42	Low	<289	289 - 897	>897	Parsley	[Bar in Low zone]	
28	Low	<592	592 - 1879	>1879	Peppermint	[Bar in Low zone]	
60	Low	<95	95 - 285	>285	Poppy Seed	[Bar in Low zone]	
20	Low	<210	210 - 651	>651	Rosemary	[Bar in Low zone]	
31	Low	<343	343 - 1059	>1059	Sage	[Bar in Low zone]	
55	Low	<452	452 - 1421	>1421	Spearmint	[Bar in Low zone]	
25	Low	<152	152 - 475	>475	Tarragon	[Bar in Low zone]	
165	Low	<199	199 - 620	>620	Thyme	[Bar in Low zone]	
68	Moderate	<55	55 - 166	>166	Turmeric	[Bar in Moderate zone]	
55	Low	<104	104 - 317	>317	Vanilla	[Bar in Low zone]	
39	Low	<77	77 - 235	>235	White Pepper	[Bar in Low zone]	
NUTS							
74	Low	<128	128 - 398	>398	Brazil Nut	[Bar in Low zone]	
1628	Avoid	<118	118 - 358	>358	Cashew	[Bar in Avoid zone]	
93	Low	<194	194 - 605	>605	Coconut	[Bar in Low zone]	
227	Low	<351	351 - 1050	>1050	Filbert Nut	[Bar in Low zone]	
97	Low	<151	151 - 459	>459	Macadamia Nut	[Bar in Low zone]	
1540	Avoid	<103	103 - 304	>304	Pistachio	[Bar in Avoid zone]	

MVL Allergy procedure uses both IgE and IgG4 antibodies for combined testing.

Due to literature documented test sensitivity limitations, a negative serum allergy test should not be used to justify exposure to an allergen that is clinically suspected as the cause of an anaphylactic reaction. Volcheck GW. Postgrad Med. 2001 May; 109(5):71.

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	Low	Moderate	Avoid		Low	Moderate	Avoid
FRUITS							
71	Low	<155	155 - 479	>479	Blackberry		
0	Low	<118	118 - 358	>358	Boysenberry		
1505	Avoid	<122	122 - 378	>378	Cantaloupe		
89	Low	<144	144 - 446	>446	Cherry		
18	Low	<261	261 - 813	>813	Currants		
21	Low	<246	246 - 767	>767	Fig		
59	Low	<91	91 - 275	>275	Honeydew		
36	Low	<104	104 - 320	>320	Lime		
61	Low	<148	148 - 442	>442	Persimmon		
2	Low	<116	116 - 344	>344	Rhubarb		
59	Low	<104	104 - 318	>318	Tangerine		
15	Low	<209	209 - 652	>652	White Grape		
VEGETABLES							
166	Moderate	<139	139 - 411	>411	Alfalfa		
28	Low	<141	141 - 417	>417	Artichoke		
79	Low	<208	208 - 640	>640	Bamboo Shoots		
185	Moderate	<168	168 - 519	>519	Bean Sprouts		
211	Low	<243	243 - 757	>757	Black-Eyed Pea		
56	Low	<114	114 - 337	>337	Bok Choy		
66	Low	<154	154 - 479	>479	Brussels Sprout		
43	Low	<206	206 - 634	>634	Collard Greens		
619	Avoid	<122	122 - 366	>366	Garbanzo Bean		
1	Low	<90	90 - 270	>270	Green Olive		
47	Low	<98	98 - 301	>301	Kale		
147	Moderate	<94	94 - 280	>280	Mung Bean		
342	Moderate	<124	124 - 362	>362	Navy Bean		
63	Low	<76	76 - 229	>229	Okra		
47	Low	<107	107 - 332	>332	Parsnip		
244	Moderate	<102	102 - 310	>310	Pinto Bean		
70	Low	<115	115 - 350	>350	Radish		
177	Moderate	<106	106 - 315	>315	Red Pepper		
55	Low	<177	177 - 513	>513	Rutabaga		
142	Moderate	<114	114 - 340	>340	Summer Squash		
82	Low	<134	134 - 416	>416	Turnip		
100	Moderate	<63	63 - 189	>189	Water Chestnut		
230	Moderate	<135	135 - 410	>410	Watercress		
555	Moderate	<208	208 - 645	>645	Winter Squash		
51	Low	<91	91 - 298	>298	Yam		
93	Low	<153	153 - 475	>475	Zucchini		
MISCELLANEOUS							
10	Low	<134	134 - 408	>408	Carob		
32	Low	<147	147 - 456	>456	Cocoa		
0	Low	<139	139 - 436	>436	Corn Starch		
2	Low	<75	75 - 200	>200	Corn Sugar		
36	Low	<76	76 - 232	>232	Maple Sugar		
0	Low	<87	87 - 271	>271	MSG		
26	Low	<116	116 - 358	>358	Saccharine		
5	Low	<87	87 - 268	>268	Tapioca		
20	Low	<220	220 - 690	>690	Tea		

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