

Patient Name: **SAMPLE**  
 External ID: A12365  
 Accession No: 1500  
 Doctor/Clinic: **Sample Reports**  
 Fax#:  
 Comments: NONE  
 AGS Updated: **9/4/09 - Chicken 9/8/09 - Barley**

 Age: 46  
 Date of Birth: 10/16/1963  
 Test ID: 50011  
 Data File: **AU920027**  
 Doctor ID: 6055  
 Technician: LB

 Date Collected:  
 Date Received:  
 Date Run: 8/31/2009  
 Date Reported: 8/31/2009

## Final Report

RESULT	Reference Range			ALLERGEN	NOT SAFE		
	Low	Moderate	Avoid		Low	Moderate	Avoid
DAIRY							
2338	<b>Avoid</b>	<186	186 - 580	>580	<b>American Cheese</b>		
2227	<b>Avoid</b>	<105	105 - 324	>324	<b>Casein</b>		
2352	<b>Avoid</b>	<162	162 - 502	>502	<b>Cheddar Cheese</b>		
2353	<b>Avoid</b>	<133	133 - 409	>409	<b>Cottage Cheese</b>		
2213	<b>Avoid</b>	<117	117 - 358	>358	<b>Cow's Milk</b>		
1506	<b>Avoid</b>	<125	125 - 391	>391	<b>Goat's Milk</b>		
2269	<b>Avoid</b>	<140	140 - 438	>438	<b>Lactalbumin</b>		
2366	<b>Avoid</b>	<138	138 - 430	>430	<b>Mozzarella Cheese</b>		
2333	<b>Avoid</b>	<115	115 - 358	>358	<b>Swiss Cheese</b>		
MEATS							
1173	<b>Avoid</b>	<141	141 - 440	>440	<b>Beef</b>		
338	<b>Moderate</b>	<226	226 - 697	>697	<b>Chicken</b>		
2224	<b>Avoid</b>	<111	111 - 345	>345	<b>Egg White</b>		
1980	<b>Avoid</b>	<196	196 - 608	>608	<b>Egg Yolk</b>		
995	<b>Avoid</b>	<153	153 - 479	>479	<b>Lamb</b>		
130	<b>Low</b>	<253	253 - 782	>782	<b>Pork</b>		
GRAINS							
282	<b>Moderate</b>	<117	117 - 351	>351	<b>Barley</b>		
69	<b>Low</b>	<122	122 - 374	>374	<b>Buckwheat</b>		
68	<b>Low</b>	<113	113 - 337	>337	<b>Corn</b>		
1088	<b>Avoid</b>	<192	192 - 594	>594	<b>Gliadin</b>		
1395	<b>Avoid</b>	<115	115 - 363	>363	<b>Gluten</b>		
233	<b>Moderate</b>	<101	101 - 500	>500	<b>Malt</b>		
1	<b>Low</b>	<143	143 - 447	>447	<b>Oat</b>		
24	<b>Low</b>	<75	75 - 201	>201	<b>Rice</b>		
576	<b>Avoid</b>	<136	136 - 421	>421	<b>Rye</b>		
1390	<b>Avoid</b>	<171	171 - 528	>528	<b>Wheat</b>		
FISH							
48	<b>Low</b>	<156	156 - 485	>485	<b>Cod</b>		
15	<b>Low</b>	<105	105 - 332	>332	<b>Halibut</b>		
53	<b>Low</b>	<132	132 - 410	>410	<b>Orange Roughy</b>		
46	<b>Low</b>	<148	148 - 463	>463	<b>Red Snapper</b>		
40	<b>Low</b>	<130	130 - 402	>402	<b>Salmon</b>		
94	<b>Low</b>	<100	100 - 308	>308	<b>Sardine</b>		
38	<b>Low</b>	<125	125 - 393	>393	<b>Sole</b>		
29	<b>Low</b>	<147	147 - 459	>459	<b>Trout</b>		
7	<b>Low</b>	<85	85 - 266	>266	<b>Tuna</b>		
SHELLFISH							
58	<b>Low</b>	<176	176 - 547	>547	<b>Clam</b>		
99	<b>Low</b>	<107	107 - 328	>328	<b>Crab</b>		
110	<b>Low</b>	<146	146 - 452	>452	<b>Lobster</b>		
37	<b>Low</b>	<112	112 - 346	>346	<b>Oyster</b>		
138	<b>Low</b>	<145	145 - 454	>454	<b>Shrimp</b>		
NUTS							
976	<b>Avoid</b>	<138	138 - 413	>413	<b>Almond</b>		
1762	<b>Avoid</b>	<206	206 - 638	>638	<b>Peanut</b>		
446	<b>Avoid</b>	<130	130 - 401	>401	<b>Pecan</b>		
179	<b>Moderate</b>	<153	153 - 478	>478	<b>Sesame Seed</b>		
316	<b>Moderate</b>	<295	295 - 911	>911	<b>Sunflower Seed</b>		
240	<b>Moderate</b>	<129	129 - 391	>391	<b>Walnut</b>		

MVL Allergy procedure uses both IgE and IgG4 antibodies for combined testing.

Due to literature documented test sensitivity limitations, a negative serum allergy test should not be used to justify exposure to an allergen that is clinically suspected as the cause of an anaphylactic reaction. Volcheck GW. Postgrad Med. 2001 May; 109(5):71.

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RESULT	Reference Range			ALLERGEN	NOT SAFE		
	Low	Moderate	Avoid		Low	Moderate	Avoid
FRUITS							
25	Low	<120	120 - 353	>353	Apple Mix		
16	Low	<53	53 - 164	>164	Apricot		
6	Low	<93	93 - 282	>282	Avocado		
20	Low	<362	362 - 1104	>1104	Banana		
41	Low	<81	81 - 251	>251	Blueberry		
22	Low	<125	125 - 385	>385	Cranberry		
85	Low	<182	182 - 563	>563	Grapefruit		
79	Low	<191	191 - 596	>596	Lemon		
62	Low	<64	64 - 195	>195	Nectarine		
101	Low	<169	169 - 527	>527	Orange		
411	Moderate	<139	139 - 432	>432	Papaya		
21	Low	<125	125 - 391	>391	Peach		
0	Low	<64	64 - 194	>194	Pear		
1027	Avoid	<136	136 - 422	>422	Pineapple		
19	Low	<110	110 - 337	>337	Plum		
9	Low	<146	146 - 444	>444	Raspberry		
11	Low	<113	113 - 346	>346	Red Grape		
25	Low	<116	116 - 357	>357	Strawberry		
84	Low	<167	167 - 519	>519	Watermelon		
VEGETABLES							
61	Low	<126	126 - 390	>390	Asparagus		
9	Low	<102	102 - 311	>311	Beet		
70	Low	<96	96 - 291	>291	Black Olive		
9	Low	<188	188 - 589	>589	Broccoli		
37	Low	<157	157 - 483	>483	Cabbage		
13	Low	<170	170 - 529	>529	Carrot		
57	Low	<176	176 - 544	>544	Cauliflower		
31	Low	<171	171 - 528	>528	Celery		
48	Low	<124	124 - 379	>379	Cucumber		
1440	Avoid	<301	301 - 926	>926	Garlic		
236	Moderate	<127	127 - 395	>395	Green Bean		
193	Moderate	<132	132 - 407	>407	Green Pepper		
288	Moderate	<258	258 - 793	>793	Kidney Bean		
187	Moderate	<176	176 - 537	>537	Lentil		
34	Low	<187	187 - 581	>581	Lettuce		
334	Low	<404	404 - 1252	>1252	Lima Bean		
72	Low	<205	205 - 634	>634	Onion		
589	Moderate	<259	259 - 804	>804	Pea		
66	Low	<316	316 - 960	>960	Potato		
1382	Avoid	<273	273 - 849	>849	Soybean		
18	Low	<178	178 - 553	>553	Spinach		
315	Moderate	<199	199 - 581	>581	Squash Mix		
50	Low	<156	156 - 482	>482	Tomato		
MISCELLANEOUS							
16	Low	<206	206 - 637	>637	Baker's Yeast		
50	Low	<157	157 - 477	>477	Brewer's Yeast		
26	Low	<90	90 - 281	>281	Cane Sugar		
20	Low	<109	109 - 322	>322	Chocolate		
19	Low	<149	149 - 452	>452	Coffee		
59	Low	<133	133 - 410	>410	Honey		
127	Low	<154	154 - 479	>479	Mushroom		

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Date Run: 8/31/2009

Date Reported: 8/31/2009

Test ID: 50010

Data File: AU920127

Doctor ID: 6055

Technician: LB

## Final Report

Comments: QCH ALL

AGS Updated: 9/4/09 - Cantaloupe, Winter Squash 9/8/09 - Ricotta

RESULT	Reference Range	ALLERGEN	NOT SAFE		
			Low	Moderate	Avoid
		DAIRY			
2016	Avoid <101 101 - 297 >297	Bleu Cheese			
2113	Avoid <111 111 - 328 >328	Parmesan			
2007	Avoid <153 153 - 472 >472	Ricotta			
2066	Avoid <127 127 - 399 >399	Yogurt			
		GRAINS			
58	Low <75 75 - 201 >201	Brown Rice			
408	Moderate <180 180 - 554 >554	Flaxseed			
40	Low <142 142 - 432 >432	Millet			
0	Low <43 43 - 124 >124	Psyllium Seed			
195	Moderate <137 137 - 430 >430	Safflower Seed			
1365	Avoid <145 145 - 449 >449	Spelt			
821	Avoid <113 113 - 342 >342	Triticale			
		SPICES			
35	Low <389 389 - 1166 >1166	Allspice			
44	Low <135 135 - 419 >419	Anise			
42	Low <304 304 - 956 >956	Basil			
13	Low <204 204 - 638 >638	Bay Leaf			
37	Low <147 147 - 449 >449	Black Pepper			
471	Moderate <181 181 - 562 >562	Chili Powder			
46	Low <344 344 - 1065 >1065	Cilantro			
15	Low <156 156 - 481 >481	Cinnamon			
10	Low <297 297 - 943 >943	Cloves			
69	Low <206 206 - 634 >634	Coriander			
51	Low <115 115 - 351 >351	Cumin			
57	Low <218 218 - 669 >669	Curry			
36	Low <147 147 - 456 >456	Dill			
155	Moderate <117 117 - 357 >357	Ginger			
87	Low <127 127 - 387 >387	Horseradish			
24	Low <424 424 - 1346 >1346	Marjoram			
1921	Avoid <183 183 - 563 >563	Mustard			
58	Low <87 87 - 257 >257	Nutmeg			
31	Low <180 180 - 543 >543	Oregano			
87	Low <131 131 - 380 >380	Paprika			
42	Low <289 289 - 897 >897	Parsley			
28	Low <592 592 - 1879 >1879	Peppermint			
60	Low <95 95 - 285 >285	Poppy Seed			
20	Low <210 210 - 651 >651	Rosemary			
31	Low <343 343 - 1059 >1059	Sage			
55	Low <452 452 - 1421 >1421	Spearmint			
25	Low <152 152 - 475 >475	Tarragon			
165	Low <199 199 - 620 >620	Thyme			
68	Moderate <55 55 - 166 >166	Turmeric			
55	Low <104 104 - 317 >317	Vanilla			
39	Low <77 77 - 235 >235	White Pepper			
		NUTS			
74	Low <128 128 - 398 >398	Brazil Nut			
1628	Avoid <118 118 - 358 >358	Cashew			
93	Low <194 194 - 605 >605	Coconut			
227	Low <351 351 - 1050 >1050	Filbert Nut			
97	Low <151 151 - 459 >459	Macadamia Nut			
1540	Avoid <103 103 - 304 >304	Pistachio			

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Data File: AU920127

Doctor ID: 6055

Technician: LB

## Final Report

Comments: QCH ALL

AGS Updated: 9/4/09 - Cantaloupe, Winter Squash 9/8/09 - Ricotta

RESULT	Reference Range			ALLERGEN	NOT SAFE		
	Low	Moderate	Avoid		Low	Moderate	Avoid
FRUITS							
71	Low	<155	155 - 479	>479	Blackberry		
0	Low	<118	118 - 358	>358	Boysenberry		
1505	Avoid	<122	122 - 378	>378	Cantaloupe		
89	Low	<144	144 - 446	>446	Cherry		
18	Low	<261	261 - 813	>813	Currants		
21	Low	<246	246 - 767	>767	Fig		
59	Low	<91	91 - 275	>275	Honeydew		
36	Low	<104	104 - 320	>320	Lime		
61	Low	<148	148 - 442	>442	Persimmon		
2	Low	<116	116 - 344	>344	Rhubarb		
59	Low	<104	104 - 318	>318	Tangerine		
15	Low	<209	209 - 652	>652	White Grape		
VEGETABLES							
166	Moderate	<139	139 - 411	>411	Alfalfa		
28	Low	<141	141 - 417	>417	Artichoke		
79	Low	<208	208 - 640	>640	Bamboo Shoots		
185	Moderate	<168	168 - 519	>519	Bean Sprouts		
211	Low	<243	243 - 757	>757	Black-Eyed Pea		
56	Low	<114	114 - 337	>337	Bok Choy		
66	Low	<154	154 - 479	>479	Brussels Sprout		
43	Low	<206	206 - 634	>634	Collard Greens		
619	Avoid	<122	122 - 366	>366	Garbanzo Bean		
1	Low	<90	90 - 270	>270	Green Olive		
47	Low	<98	98 - 301	>301	Kale		
147	Moderate	<94	94 - 280	>280	Mung Bean		
342	Moderate	<124	124 - 362	>362	Navy Bean		
63	Low	<76	76 - 229	>229	Okra		
47	Low	<107	107 - 332	>332	Parsnip		
244	Moderate	<102	102 - 310	>310	Pinto Bean		
70	Low	<115	115 - 350	>350	Radish		
177	Moderate	<106	106 - 315	>315	Red Pepper		
55	Low	<177	177 - 513	>513	Rutabaga		
142	Moderate	<114	114 - 340	>340	Summer Squash		
82	Low	<134	134 - 416	>416	Turnip		
100	Moderate	<63	63 - 189	>189	Water Chestnut		
230	Moderate	<135	135 - 410	>410	Watercress		
555	Moderate	<208	208 - 645	>645	Winter Squash		
51	Low	<91	91 - 298	>298	Yam		
93	Low	<153	153 - 475	>475	Zucchini		
MISCELLANEOUS							
10	Low	<134	134 - 408	>408	Carob		
32	Low	<147	147 - 456	>456	Cocoa		
0	Low	<139	139 - 436	>436	Corn Starch		
2	Low	<75	75 - 200	>200	Corn Sugar		
36	Low	<76	76 - 232	>232	Maple Sugar		
0	Low	<87	87 - 271	>271	MSG		
26	Low	<116	116 - 358	>358	Saccharine		
5	Low	<87	87 - 268	>268	Tapioca		
20	Low	<220	220 - 690	>690	Tea		

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