



Meridian
Valley LAB

Whole Blood Viscosity Profile Including CBC, and Bun/Creatinine

KIT CONTENTS:

- * 1 Requisition form
- * 1 Instruction sheet
- * 1 SST
- * 3 Lavender EDTAs
- * 1 Transfer tube
- * 1 Parafilm
- * 1 EDTA protector pack
- * 1 Biohazard bag
- * 1 Ice pack
- * 1 Foam / cardboard container
- * 1 UPS next day air pack
- * 1 UPS next day air bill

Please read collection and shipping instructions thoroughly before starting. Please note: When shipping the specimens back to the lab, **send Monday through Thursday only**. Deliveries are not accepted on Saturday or Sunday.

Holiday hours are as follows: New Years Day, Memorial Day, Fourth of July, Labor Day, Thanksgiving Day and the day after, and Christmas Day. DO NOT SEND SPECIMEN(S) THE DAY PRIOR TO OR THE DAY OF THE HOLIDAY.

Freeze ice pack upon receipt in the container provided.

Patient must fast overnight.

CBC'S must be received within 24 hours.

COLLECTION INSTRUCTIONS:

1. Draw one SST tube and three EDTAs. Mix well. Number the EDTA's in order of draw.
2. Allow the SST tube to sit for at least 20 minutes for the blood to clot.
3. Centrifuge the SST tube for at least 10 minutes.
4. Label the EDTA's and the transfer tube with the patient's name, Date of Birth and date collected.
5. Pour the separated serum from the SST tube into the transfer tube. Make sure the tube is capped tightly.
6. Stretch parafilm over and around cap. **DO NOT PLACE PARAFILM UNDER CAP.**

Please call 206.209.4200 with questions or Toll Free 855.405.8378
Monday through Friday 6:00 am – 7:00 pm PST

6839 Fort Dent Way, Ste 206
Tukwila, WA 98188
Fax: 206.209.4211

www.meridianvalleylab.com info@meridianvalleylab.com

7. Refrigerate the samples until ready to ship. Wrap or put the EDTAs in the EDTA protectors. Do not allow the EDTAs to come into direct contact with the ice pack and do not allow the EDTAs to freeze.
8. Complete the enclosed requisition form, including method of payment and the name of the ordering practitioner. Indicate if patient was fasting. Patient's Birth Date is required.

SHIPPING INSTRUCTIONS:

1. Place the transfer tube and the wrapped EDTAs in the biohazard bag, then place the bag next to the frozen ice pack in the Styrofoam container. Place the Styrofoam container and the requisition into the cardboard container. Place the cardboard container into the UPS pack and seal securely.
2. Place return shipping label with barcode on outside of the UPS next day air bag. Save return receipt with the tracking number for your records.
3. Send the specimen **Monday through Thursday only**. Call UPS toll free at 1-800-742-5877 to arrange for a pickup or for nearest drop location. UPS will pick up only on weekdays. When you call UPS for pickup tell them you are requesting "**on call air**" only, NOT ONE TIME PICKUP. We pay for "**on call air**". Patient pays for one time pickup.

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