



Instructions For	Testosterone Metabolites Profiles
When to Ship	Monday-Thursday
Observed Holidays <i>*Do not ship the day before an observed holiday</i>	New Years Day, Memorial Day, Fourth of July, Labor Day, Thanksgiving Day and following day, Christmas Day.
Notes for this test	Upon receiving the kit, remove lid and place Styrofoam container into the freezer. Do not remove the ice pack. Patient must be fasting for 8-12 hours prior to collection. Blood draw must occur before 10AM. Hemolysis or red blood cells in serum are not acceptable for this test.

Kit Contents	
1 Requisition Form	1 Icepack
1 Instruction Sheet	1 Shipping Box
2 Gel Free Red Top Tubes	1 Biohazard Bag
1 Disposable Pipette	1 Styrofoam Container
1 Transfer Tube	1 UPS Lab Pak
1 Patient Questionnaire	1 UPS Return Label

Collection Instructions

Draw a gel-free red top tube completely; allow at least 15- 30 minutes for the blood to clot.

Centrifuge for at least 10 minutes.

Pipette the separated serum into the transfer tube. We need a minimum of 4mL of serum. Do not pick up any Red blood cells.

Label the transfer tube as SERUM with patient's name and date collected.

Freeze the serum tube immediately. Keep frozen until ready to ship.

Complete the enclosed requisition form; include payment (if required)

Shipping Instructions

Place the frozen transfer tube in the biohazard bag.

Place the requisition and questionnaire in the outside pocket of the biohazard bag.

Place the biohazard bag next to the frozen ice pack in the Styrofoam container.

Place the Styrofoam container in the cardboard shipping box.

Place the shipping box in the UPS lab pak and seal securely

Place return shipping label with barcode on outside of UPS lab pak.

Save return receipt with the tracking number for your records.

Call UPS toll free at 1.800.742.5877 for a pickup or for the nearest drop location. UPS will only pick up on weekdays.

When calling for UPS pickup, request "ON CALL AIR" only. DO NOT request a one-time pickup. Meridian Valley

Lab pays for "ON CALL AIR" only. UPS expects the patient to pay for a one-time pickup.