

CARDIOVASCULAR PROFILE COLLECTION & SHIPPING INSTRUCTIONS

KIT CONTENTS

1 - Requisition Form	1 - Pipette
1 - Instruction Sheet	1 - Ice Pack
2 - SST Tubes	1 - Styrofoam Container
2 - Plastic Transfer Tubes	1 - Cardboard Shipping Box
1 - Green Heparin Tube (inside safety tube)	1 - UPS Next Day Air Pack (US & Canada only)
1 - Amber Transfer Tube	1 - UPS Next Day Shipping Label (US & Canada only)
1 - Light Blue Top Tube	

CAREFULLY READ COLLECTION AND SHIPPING INSTRUCTIONS THOROUGHLY BEFORE STARTING.

UPON RECEIPT – REMOVE LID FROM STYROFOAM CONTAINER AND PLACE INTO THE FREEZER – DO NOT REMOVE THE ICE PACK.

PLEASE NOTE: When shipping the specimens back to the lab, send Monday through Thursday Only.
DO NOT SHIP ON FRIDAYS AS NEXT DAY DELIVERIES ARE NOT DELIVERED ON SATURDAY OR SUNDAY.

Observed holidays are as follows: New Years Day, Memorial Day, Fourth of July, Labor Day, Thanksgiving Day and the Day After, and Christmas Day.

DO NOT SEND SAMPLE(S) THE DAY PRIOR TO OR THE DAY OF A HOLIDAY.

COLLECTION INSTRUCTIONS

1. Draw two serum separator tubes and the blue top tube (provided). Let SSTs clot for at least 30 minutes.
2. Draw one green heparin tube - invert gently until mixed. Place green top tube in red capped protective vial. **DO NOT CENTRIFUGE, FREEZE OR REFRIGERATE.**
3. Centrifuge the SSTs and blue top for at least 10 minutes.
4. Transfer one tube of serum into the clear plastic transfer tube and the other tube of serum into the amber tube. Label as serum.
5. Pipette plasma from blue top into remaining transfer tube. Label as plasma.
6. Label the transfer tubes with patient's name, date collected, and test required.
7. Freeze separated serum and plasma before shipment.
8. Specimens must be sent within 24 hours of collection.
9. Complete the enclosed requisition form; include payment (if required).

SHIPPING INSTRUCTIONS

1. Place the transfer tubes and the green heparin tube in the biohazard bag and seal.
2. Put the requisition form into the pocket on the outside of the biohazard bag.
3. Place the biohazard bag next to the frozen ice pack in the styrofoam container.
4. Place the styrofoam container in the cardboard shipping box.
5. Place the shipping box in the UPS next day air pack and seal securely.
6. Place return shipping label with barcode on the outside UPS next day air bag.
7. Save return receipt with the tracking number for your records.

8. Send specimens Monday through Thursday only.
9. Call UPS toll free at **1.800.742.5877** for a pickup or for the nearest drop location. UPS will only pick up on weekdays.
10. When calling for UPS pickup, request “**ON CALL AIR**” only. **DO NOT request a one-time pickup.** Meridian Valley Lab pays for “**ON CALL AIR**” only. UPS expects the patient to pay for a one-time pickup

