

DIETARY SEROTYPE PROFILE COLLECTION & SHIPPING INSTRUCTIONS

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CAREFULLY READ COLLECTION AND SHIPPING INSTRUCTIONS THOROUGHLY BEFORE STARTING.

PLEASE NOTE: When shipping the specimens back to the lab, send Monday through Thursday Only. **DO NOT SHIP ON FRIDAYS AS DELIVERIES ARE NOT ACCEPTED ON SATURDAY OR SUNDAY.**

**OBSERVED HOLIDAYS ARE AS FOLLOWS: NEW YEARS DAY, MEMORIAL DAY, FOURTH OF JULY, LABOR DAY, THANKSGIVING DAY AND THE DAY AFTER, AND CHRISTMAS DAY.
DO NOT SEND SAMPLE(S) THE DAY PRIOR TO OR THE DAY OF A HOLIDAY.**

COLLECTION INSTRUCTIONS

*** Specimens must be received within three (3) days from the date of collection.**

1. Draw blood into 2 lavender top tubes.
2. Invert the tube several times to prevent clotting.
3. Label the tubes with the patient's name and date collected.
4. Complete the enclosed requisition form; include payment (if required).

SHIPPING INSTRUCTIONS

1. Remove icepack and styrofoam container from freezer.
2. Place vials in the zippered portion of the biohazard bag. Seal bag.
3. Place the Requisition and Patient Hormone Symptom Questionnaire in the outside pocket of the biohazard bag. Include payment if required.
4. Place biohazard bag next to the frozen ice pack in the styrofoam container.
5. Place styrofoam container into cardboard shipping box.
6. Place the cardboard box in the UPS next day air pack and securely seal.
7. Place return shipping label with barcode on the outside UPS next day air bag.
8. Save return receipt with the tracking number for your records.
9. Send specimens Monday through Thursday only.
10. Call UPS toll free at **1.800.742.5877** for a pickup or for the nearest drop location. UPS will only pick up on weekdays.
11. When calling for UPS pickup, request "**ON CALL AIR**" only. **DO NOT request a one-time pickup.** Meridian Valley Lab pays for "**ON CALL AIR**" only. UPS expects the patient to pay for a one-time pickup.

