

MICROBIAL ORGANIC ACID TEST (MOAT), URINE COLLECTION & SHIPPING INSTRUCTIONS

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CAREFULLY READ COLLECTION AND SHIPPING INSTRUCTIONS THOROUGHLY BEFORE STARTING.

UPON RECEIPT – REMOVE LID FROM STYROFOAM CONTAINER AND PLACE INTO THE FREEZER – DO NOT REMOVE THE ICE PACK. KEEP VIALS ON TOP OF ICE PACK WHEN FREEZING. REMOVE THEM WHEN NEEDED FOR COMPLETION OF TEST.

PLEASE NOTE: When shipping the specimens back to the lab, send Monday through Thursday Only. **DO NOT SHIP ON FRIDAYS AS DELIVERIES ARE NOT ACCEPTED ON SATURDAY OR SUNDAY.**

**OBSERVED HOLIDAYS ARE AS FOLLOWS: NEW YEARS DAY, MEMORIAL DAY, FOURTH OF JULY, LABOR DAY, THANKSGIVING DAY AND THE DAY AFTER, AND CHRISTMAS DAY.
DO NOT SEND SAMPLE(S) THE DAY PRIOR TO OR THE DAY OF A HOLIDAY.**

PREPARATION FOR THE COLLECTION

24 HOURS PRIOR TO BEGINNING THE COLLECTION AVOID:

- **Apples and apple products**
- **Grapes and grape products**
- **Cranberries and cranberry products**

URINATE BEFORE GOING TO BED

COLLECTION INSTRUCTIONS

1. Before any food or drink collect **first morning urine** in the plastic cup.
2. Fill enclosed vial with 30 mLs of urine. Tightly secure lids.
3. Label vial with patient's name, date of collection, and doctor's name.
4. Refrigerate specimen until ready to ship.
5. Complete the enclosed requisition; include payment (if required).

SHIPPING INSTRUCTIONS

1. Remove icepack and styrofoam container from freezer.
2. Place vials in the zippered portion of the biohazard bag. Seal bag.
3. Place the requisition in the pocket on the outside of the biohazard bag. Include payment if required.
4. Place biohazard bag next to the frozen ice pack in the styrofoam container.
5. Place styrofoam container into cardboard shipping box.
6. Place the cardboard box in the UPS next day air pack and securely seal.
7. Place return shipping label with barcode on the outside UPS next day air bag.
8. Save return receipt with the tracking number for your records.

9. Send specimens Monday through Thursday only.
10. Call UPS toll free at **1.800.742.5877** for a pickup or for the nearest drop location. UPS will only pick up on weekdays.
11. When calling for UPS pickup, request “**ON CALL AIR**” only. **DO NOT request a one-time pickup.** Meridian Valley Lab pays for “**ON CALL AIR**” only. UPS expects the patient to pay for a one-time pickup

