

NTx (2ND MORNING URINE) COLLECTION & SHIPPING INSTRUCTIONS

KIT CONTENTS

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|--------------------------|--|
| 1 - Requisition Form | 1 - Ice Pack |
| 1 - Instruction Sheet | 1 - Styrofoam Container |
| 1 - Urine Collection Cup | 1 - Cardboard Shipping Box |
| 1 - 30 mL Vial | 1 - UPS Next Day Air Pack (US & Canada only) |
| 1 - Biohazard Bag | 1 - UPS Next Day Shipping Label (US & Canada only) |

CAREFULLY READ COLLECTION AND SHIPPING INSTRUCTIONS THOROUGHLY BEFORE STARTING.

UPON RECEIPT – REMOVE LID FROM STYROFOAM CONTAINER AND PLACE INTO THE FREEZER – DO NOT REMOVE THE ICE PACK. KEEP VIALS ON TOP OF ICE PACK WHEN FREEZING. REMOVE THEM WHEN NEEDED FOR COMPLETION OF TEST.

PLEASE NOTE: When shipping the specimens back to the lab, send Monday through Thursday Only. **DO NOT SHIP ON FRIDAYS AS DELIVERIES ARE NOT ACCEPTED ON SATURDAY OR SUNDAY.**

OBSERVED HOLIDAYS ARE AS FOLLOWS: NEW YEARS DAY, MEMORIAL DAY, FOURTH OF JULY, LABOR DAY, THANKSGIVING DAY AND THE DAY AFTER, AND CHRISTMAS DAY.

DO NOT SEND SAMPLE(S) THE DAY PRIOR TO OR THE DAY OF A HOLIDAY.

COLLECTION INSTRUCTIONS

1. Using the urine collection cup, collect the second urination of the day.
2. Pour the urine into the vial up to the 30 mL line. Cap tightly. Discard the remaining urine and the collection cup.
3. Write patient's name, sex, age, and collection date on vial label.
4. Place the urine vial in the freezer with the ice pack. Keep frozen until ready to ship.
5. Complete the enclosed requisition; include payment (if required).

SHIPPING INSTRUCTIONS

1. Place the vial into the biohazard bag. Seal bag.
2. Place the requisition in the outside pocket of the biohazard bag.
3. Place the biohazard bag next to the frozen ice pack in the styrofoam container.
4. Place the styrofoam container into the cardboard shipping box.
5. Place the box into the UPS pack and seal securely.
6. Place return shipping label with barcode on outside UPS next day air bag.
7. Save return receipt with the tracking number for your records.
8. Call UPS toll free at **1-800-742-5877** for a pickup or for nearest drop location. UPS will pick up only on weekdays.
9. When calling for UPS pickup, request "ON CALL AIR" only. **DO NOT request a one-time pickup.** Meridian Valley pays for "ON CALL AIR" only. UPS expects the patient to pay for a one-time pickup

