



C. DIFFICILE ANTIGEN COLLECTION & SHIPPING INSTRUCTIONS

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CAREFULLY READ COLLECTION AND SHIPPING INSTRUCTIONS THOROUGHLY BEFORE BEGINNING.

PLEASE NOTE When shipping the specimens back to Meridian Valley Lab, send Monday through Wednesday Only. **DO NOT SHIP ON FRIDAYS AS DELIVERIES ARE NOT ACCEPTED ON SATURDAY OR SUNDAY.**

OBSERVED HOLIDAYS ARE AS FOLLOWS: NEW YEARS DAY, MEMORIAL DAY, FOURTH OF JULY, LABOR DAY, THANKSGIVING DAY AND THE DAY AFTER, AND CHRISTMAS DAY. DO NOT SEND SAMPLE(S) THE DAY PRIOR TO OR THE DAY OF A HOLIDAY.

INTERFERING SUBSTANCES

PLEASE FINISH THE COURSE OF MEDICATION AND THEN WAIT 3 DAYS PRIOR TO BEGINNING THE COLLECTION

- Antifungal Medications
- Anti-yeast Medications
- Antibiotics

FOR 2 DAYS PRIOR TO BEGINNING AND DURING THE COLLECTION DISCONTINUE THE USE OF THE FOLLOWING. *NEVER DISCONTINUE MEDICATIONS UNLESS OTHERWISE DIRECTED BY YOUR PRACTITIONER*

- Aspirin
- Antacids
- Digestive Enzymes

Please call 206.209.4200 with questions or Toll Free 855.405.8378
Monday through Friday 6:00 am – 7:00 pm PST

6839 Fort Dent Way, Ste 206
Tukwila, WA 98188
Fax: 206.209.4211

www.meridianvalleylab.com info@meridianvalleylab.com

COLLECTION INSTRUCTIONS

1. Place Nun's Hat under toilet seat. Collect stool in collection container.
IMPORTANT: DO NOT LET URINE OR WATER COME INTO CONTACT WITH THE STOOL SPECIMEN. Alternatively, any clean, plastic container can be used to collect the stool specimen.
2. Remove the vial from the cardboard box. Write Patient Name and Date of Collection on the vial.
3. Using the scoop on the inside of the vial lid, fill the vial with enough stool to raise the liquid to the RED FILL LINE (arrow).
4. **IMPORTANT:** do not overfill the vial. Once the stool is in the vial, mash it with the scoop so it mixes with the liquid. Cap tightly and shake well for about 30 seconds.
5. Place the green vial into the biohazard bag. ***If not shipping the sample right away place into refrigerator.***
6. Complete the enclosed requisition; include payment (if required). Place the requisition in the outside pocket of the biohazard bag.

SHIPPING INSTRUCTIONS

1. Put the biohazard bag into the shipping box and secure by locking the tabs the in place.
2. Place the shipping box in the UPS next day air pack and seal securely.
3. Place return shipping label with barcode on outside UPS next day air bag.
4. Save return receipt with the tracking number for your records.
5. Call UPS toll free at **1-800-742-5877** for a pickup or for nearest drop location. UPS will pick up only on weekdays.
6. When calling for UPS pickup, request "ON CALL AIR" only. **DO NOT request a one-time pickup.** Meridian Valley pays for "ON CALL AIR" only. UPS expects the patient to pay for a one-time pickup.

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