



Meridian  
Valley LAB

## OVA & PARASITE COLLECTION & SHIPPING INSTRUCTIONS

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**CAREFULLY READ COLLECTION AND SHIPPING INSTRUCTIONS THOROUGHLY BEFORE BEGINNING.**

**PLEASE NOTE** When shipping the specimens back to Meridian Valley Lab, send Monday through Wednesday Only. **DO NOT SHIP ON FRIDAYS AS DELIVERIES ARE NOT ACCEPTED ON SATURDAY OR SUNDAY.**

**OBSERVED HOLIDAYS ARE AS FOLLOWS: NEW YEARS DAY, MEMORIAL DAY, FOURTH OF JULY, LABOR DAY, THANKSGIVING DAY AND THE DAY AFTER, AND CHRISTMAS DAY. DO NOT SEND SAMPLE(S) THE DAY PRIOR TO OR THE DAY OF A HOLIDAY.**

### COLLECTION INSTRUCTIONS

1. Place Nun's Hat under toilet seat. Collect stool in collection container.  
**IMPORTANT:** DO NOT LET URINE OR WATER COME INTO CONTACT WITH THE STOOL SPECIMEN. Alternatively, any clean, plastic container can be used to collect the stool specimen.
2. Remove the pink and grey vials from the cardboard box.
3. Unscrew the cap on the pink and grey vials, with the spoons take portions from multiple areas of the stool. Fill the vials with enough stool to raise the liquid to the RED FILL LINE, approximately half full. **DO NOT OVERFILL.** Screw the cap on tightly.

Please call 206.209.4200 with questions or Toll Free 855.405.8378  
Monday through Friday 6:00 am – 7:00 pm PST

6839 Fort Dent Way, Ste 206  
Tukwila, WA 98188  
Fax: 206.209.4211

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4. Shake the capped vials vigorously for approximately 30 seconds to mix the stool specimen with the preservative in the vial.
5. Write Patient Name and Date of Collection on the vial. You do not have an ID#, the lab will assign one upon arrival.
6. Place the vials in a biohazard bag, then place the bag in the shipping box. Leave the box at room temperature.
7. Complete the enclosed requisition; include payment (if required). Place the requisition in the outside pocket of a biohazard bag.

### **SHIPPING INSTRUCTIONS**

1. Place the cardboard shipping box into the UPS next day air pack and seal securely.
2. Place return shipping label with barcode on outside UPS next day air bag.
3. Save return receipt with the tracking number for your records.
4. Call UPS toll free at **1-800-742-5877** for a pickup or for nearest drop location. UPS will pick up only on weekdays.
5. When calling for UPS pickup, request “**ON CALL AIR**” only. **DO NOT request a one-time pickup.** Meridian Valley pays for “**ON CALL AIR**” only. UPS expects the patient to pay for a one-time pickup.
6. **NOTE: DELIVERIES ARE NOT ACCEPTED ON SATURDAY OR SUNDAY**

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