



<b>Instructions For</b>	E-95, A-95, Combo, P-47, and Inhalant Allergy Panels
<b>When to Ship</b>	Monday-Thursday
<b>Observed Holidays</b> <i>*Do not ship the day before an observed holiday</i>	New Years Day, Memorial Day, Fourth of July, Labor Day, Thanksgiving Day and following day, Christmas Day.
<b>Notes for this test:</b>	Gross Lipemia specimens are not acceptable for these panels.

<b>Kit Contents</b>	
1 Requisition Form	1 Biohazard Bag
1 Instruction Sheet	1 Shipping Box
3 SST Tubes	1 UPS Grey Pak
2 Transfer Tubes	1 UPS Shipping Label
2 Parafilms	

## Interfering Substances

Some medications, including over the counter medications, may influence the results of this test. It is recommended to discontinue the use of the following medications prior to collecting:

If you have any questions regarding days to avoid a medication, please contact your practitioner.

<b>Medication</b>	<b>Recommended time to discontinue use</b>
<b>Acid Reducers Proton Pump Inhibitors</b>	1 Day
<b>Anti-Inflammatory Analgesic</b>	3 Days (3 Days for Aspirin, 1 Day for other Over the Counters)
<b>Antihistamine</b>	7 Days
<b>Chemotherapy</b>	Results may be suppressed, please notify us prior to testing.
<b>Immunosuppressant</b>	Speak to your doctor before discontinuing
<b>Inhaled Asthma Medications</b>	1 Day
<b>Prednisone</b>	Speak to your doctor before discontinuing. It is not advised to abruptly stop the use of prednisone. You must taper off to avoid adverse reactions and complications.

## Collection Instructions

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If collecting for E-95, A-95, P-47, Combo or Inhalant Panel only, draw two SSTs. If adding an Inhalant to a E-95, A-95, or Combo, then draw three SSTs.

Allow at least 20 minutes for the blood to clot.

Centrifuge for at least 15 minutes.

Place the separated serum into the transfer tube. Make sure the tube is capped tightly.

Label tube with patient name, date of birth and date of collection.

Stretch Parafilm over and around cap to prevent the sample from leaking. With one thumb hold the end of the Parafilm against the cap, with the opposite hand gently pull and stretch the Parafilm around the outside of the cap. It is best to wrap around the cap a couple of times. **DO NOT PLACE PARAFILM UNDER CAP.**

Complete the enclosed requisition; including payment (if required).

Serum Requirements					
E-95	A-95	Combo E-95 & A-95	P-47	Inhalant	Food/ Inhalant Combo
5.0mL	5.0mL	9.0mL	5.0mL	6.0mL	9.0mL

## Shipping Instructions

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Place the specimen in the biohazard bag.

Fold the requisition form and place it in outside pocket of the biohazard bag. This will go inside the shipping box.

Place the biohazard bag into the shipping box.

Place the shipping box in the UPS grey air pak and seal securely by removing adhesive strip.

Place return shipping label with the barcode on outside of UPS grey air pak.

Save the return receipt with the tracking number for your records.

Call UPS toll free at 1.800.742.5877 for a pickup or for the nearest drop off location. UPS will only pick up on weekdays.

When calling for UPS pickup, request "ON CALL AIR" only. **DO NOT** request a one-time pickup. Meridian Valley Lab pays for "ON CALL AIR" only. UPS expects the patient to pay for a one-time pickup.