

# Stop That Bedwetting Panel

 Patient Name:  
 Accession No:  
 Doctor/Clinic:  
 Order Doctor:  
 Doctor ID:  
 Comments:

 Age:  
 Test Code:

 Date of Birth:  
 Data File:  
 Technician:

 Date Collected:  
 Date Received:  
 Date Run:  
 Date Reported:  
 Date Final:

## Final Report

RESULT		Reference Range			ALLERGEN	Sensitivity		
		Low	Moderate	Avoid		Low	Moderate	Avoid
279	Moderate	<100	100 - 350	>350	DAIRY Cow's Milk	[Bar chart showing Moderate sensitivity]		
37	Low	<100	100 - 250	>250	MEATS Beef	[Bar chart showing Low sensitivity]		
40	Low	<100	100 - 250	>250	Chicken	[Bar chart showing Low sensitivity]		
381	Moderate	<150	150 - 450	>450	Egg White	[Bar chart showing Moderate sensitivity]		
672	Avoid	<150	150 - 450	>450	Egg Yolk	[Bar chart showing Avoid sensitivity]		
15	Low	<100	100 - 250	>250	Pork	[Bar chart showing Low sensitivity]		
143	Moderate	<100	100 - 250	>250	GRAINS Corn	[Bar chart showing Moderate sensitivity]		
5	Low	<100	100 - 250	>250	Oat	[Bar chart showing Low sensitivity]		
179	Moderate	<100	100 - 250	>250	Wheat	[Bar chart showing Moderate sensitivity]		
0	Low	<100	100 - 250	>250	FISH Cod	[Bar chart showing Low sensitivity]		
0	Low	<100	100 - 250	>250	Halibut	[Bar chart showing Low sensitivity]		
0	Low	<100	100 - 250	>250	Salmon	[Bar chart showing Low sensitivity]		
2	Low	<100	100 - 250	>250	Sole	[Bar chart showing Low sensitivity]		
8	Low	<100	100 - 250	>250	Tilapia	[Bar chart showing Low sensitivity]		
0	Low	<100	100 - 250	>250	Trout	[Bar chart showing Low sensitivity]		
0	Low	<100	100 - 250	>250	Tuna	[Bar chart showing Low sensitivity]		
311	Avoid	<100	100 - 250	>250	NUTS Peanut	[Bar chart showing Avoid sensitivity]		
48	Low	<100	100 - 250	>250	VEGETABLES Green Bean	[Bar chart showing Low sensitivity]		
29	Low	<150	150 - 450	>450	Kidney Bean	[Bar chart showing Low sensitivity]		
27	Low	<100	100 - 250	>250	Onion	[Bar chart showing Low sensitivity]		
9	Low	<100	100 - 250	>250	Pea	[Bar chart showing Low sensitivity]		
41	Low	<100	100 - 250	>250	Potato	[Bar chart showing Low sensitivity]		
30	Low	<100	100 - 250	>250	Soybean	[Bar chart showing Low sensitivity]		
84	Low	<100	100 - 250	>250	Tomato	[Bar chart showing Low sensitivity]		
0	Low	<100	100 - 250	>250	FRUITS Apple Mix	[Bar chart showing Low sensitivity]		
15	Low	<100	100 - 250	>250	Cranberry	[Bar chart showing Low sensitivity]		
80	Low	<100	100 - 250	>250	Lemon	[Bar chart showing Low sensitivity]		
36	Low	<100	100 - 250	>250	Orange	[Bar chart showing Low sensitivity]		
145	Moderate	<120	120 - 300	>300	Pineapple	[Bar chart showing Moderate sensitivity]		
32	Low	<100	100 - 250	>250	Raspberry	[Bar chart showing Low sensitivity]		
35	Low	<100	100 - 250	>250	Red Grape	[Bar chart showing Low sensitivity]		
17	Low	<100	100 - 250	>250	Strawberry	[Bar chart showing Low sensitivity]		
57	Low	<100	100 - 250	>250	Watermelon	[Bar chart showing Low sensitivity]		

MVL Allergy procedure uses both IgE and IgG4 antibodies for combined testing. | References: Volcheck GW. Postgrad Med. 2001 May; 109(5):71. |  
 Due to literature documented test sensitivity limitations, negative serum allergy tests should not be used to justify exposure to an allergen that is clinically suspected as the cause of anaphylactic reaction.

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**PERSONALIZED FOUR DAY ROTATION FOOD PLAN**



**PERSONALIZED FOUR DAY ROTATION FOOD PLAN - DAY 1 CHOICES**

Proteins	Dairy	Grains/Flour	Legumes	Vegetables	Fruits	Nuts,Seeds,Oils	Herbs,Spices	Miscellaneous
cod	oat milk	oat	kidney bean	green bean	red grape			
tilapia		wheat						

**PERSONALIZED FOUR DAY ROTATION FOOD PLAN - DAY 2 CHOICES**

Proteins	Dairy	Grains/Flour	Legumes	Vegetables	Fruits	Nuts,Seeds,Oils	Herbs,Spices	Miscellaneous
salmon	potato milk	potato flour		potato	apple mix			apple used as
trout		potato starch		tomato	cranberry			sweetener
					pineapple			

**PERSONALIZED FOUR DAY ROTATION FOOD PLAN - DAY 3 CHOICES**

Proteins	Dairy	Grains/Flour	Legumes	Vegetables	Fruits	Nuts,Seeds,Oils	Herbs,Spices	Miscellaneous
beef	cow's milk	corn	soybean	onion	watermelon	soy oil		
halibut	soy milk			pea				
pork								
sole								
tofu								

**PERSONALIZED FOUR DAY ROTATION FOOD PLAN - DAY 4 CHOICES**

Proteins	Dairy	Grains/Flour	Legumes	Vegetables	Fruits	Nuts,Seeds,Oils	Herbs,Spices	Miscellaneous
chicken					lemon			
egg white					orange			
tuna					raspberry			
					strawberry			

EXAMPLE: You may make different food choices on your next rotation or prepare things in other ways but keep to the foods and seasonings listed on this page for each day.

KEY: Low reaction= Blue

Moderate = Orange

Significant = IS NOT LISTED IN ROTATION

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## PERSONALIZED FOUR DAY ROTATION FOOD PLAN



### LOW REACTION FOODS

Apple Mix	Beef	Chicken	Cod	Cranberry	Green Bean	Halibut
Kidney Bean	Lemon	Oat	Onion	Orange	Pea	Pork
Potato	Raspberry	Red Grape	Salmon	Sole	Soybean	Strawberry
Tilapia	Tomato	Trout	Tuna	Watermelon		

### MODERATE CONSUMPTION - MAY EAT ONCE EVERY FOUR DAYS

Corn	Cow's Milk	Egg White	Pineapple	Wheat
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### AVOID THESE FOODS

Egg Yolk	Peanut
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### PENDING RESULTS

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