

COLLECTION INSTRUCTIONS



INSTRUCTIONS FOR: 95 Common, 190 Combo, 47 Mini Profile or Inhalant Profile

WHEN TO SHIP: Monday - Wednesday

OBSERVED HOLIDAYS:

New Years Day, Memorial Day, Fourth of July, Labor Day, Thanksgiving Day and following day, Christmas Day.

**Do not ship the day before an observed holiday.*

IMPORTANT NOTES FOR TEST:

- Gross Lipemia specimens are not acceptable for these panels.
- Sample stability is 90 days at room temp or refrigerated .
- Samples can be drawn any day, recommended shipping Monday – Wednesday.
- Patient’s first and last name, date of birth, sex, and date of collection must be recorded on the Test Requisition Form as well as all Transfer tubes using a permanent marker, or the test may not be processed.

KIT CONTAINS:

- 1 Requisition Form
- 1 Biohazard Bag
- 1 Instruction Sheet
- 1 Shipping Box
- 3 SST Vials
- UPS Lab Pack
- 2 Transfer Tubes
- 1 UPS Shipping Label *(only if shipped in the U.S. or Canada)*

MEDICATIONS:

Medication	Recommended time to discontinue use
Acid Reducers Proton Pump Inhibitors	1 Day
Anti-Inflammatory Analgesic	3 Days (3 days for Aspirin, 1 day for other over the counters)
Antihistamine	7 Days (Consult with your practitioner)
Chemotherapy	Results may be suppressed
Immunosuppressant	Consult with your practitioner
Inhaled Asthma Medications	Consult with your practitioner before discontinuing. It is not advised to abruptly stop the use of prednisone. You must taper off to avoid adverse reactions and complications.

Some medications, including over the counter medications, may influence the results of this test. If you have any questions regarding avoiding medications, please contact your practitioner.



Meridian Valley LAB
1-855-405-8378 (TEST)

6839 Fort Dent Way, Ste. 206 Tukwila, WA 98188 • Tel 206.209.4200 • Fax 206.209.4211

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SERUM REQUIREMENTS:

- 95 Common Profile - 5.0ml
- 190 Combo Profile - 9.0ml
- 47 Mini Profile - 5.0ml

COLLECTION PROCESS:

- 1) If collecting for 95 Common, 190 Combo, 47 Mini Profile, draw two SSTs vials.
- 2) If adding a 95 Common, or 190 Combo, draw three SSTs vials.
- 3) Allow 20 minutes for the blood to clot.
- 4) Centrifuge for 15 minutes.
- 5) Place the separated serum into the transfer tube. Make sure the tube is capped lightly. Discard SST vials.
- 6) Clearly label transfer tube with patient name, date of birth and date of collection.
- 7) Complete the enclosed requisition.

SHIPPING INSTRUCTIONS:

- 1) Place the specimen in the biohazard bag.
- 2) Fold the requisition form and place it in outside pocket of the biohazard bag.
- 3) Place the biohazard bag into the shipping box.
- 4) Place the shipping box in the UPS lab pack and seal securely by removing adhesive strip.
- 5) Place return shipping label with the barcode on outside of UPS lab pack.
- 6) Save the return receipt with the tracking number for your records.
- 7) Scheduled pick-ups with UPS cannot typically be picked up on the same day.
- 8) Ship back to Meridian Valley Lab using the provided courier service

To schedule a pick-up please call UPS at 1-800-742-5877

To find a drop off location, follow the link: UPS: https://www.ups.com/dropoff?loc=en_US

Proper collection makes a difference in your test results! If you have questions about how to collect for this test, please call us at 855-405-TEST (8378).



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